



What to Bring to Camp

HELPFUL HINTS FOR PACKING



1. Label everything clearly and with permanent ink or an iron-on label (clothing including underwear, shoes, towels, sports equipment, sleeping bag, camera, flashlight)
2. Campers should restrict their belongings to one trunk (or Rubbermaid-type container with a lid) and one small knapsack
3. Please do not send expensive clothing or equipment as campers play in all kinds of weather and although all reasonable precautions are taken, the camp is not responsible for loss, damage or theft of any belongings at camp
4. The following list is only a suggestion of what to bring. We encourage parents to send what they already have and limit any new purchases. Laundry is sent out once in two weeks, therefore please pack accordingly.

CLOTHING

- ___ 7 short sleeved shirts or t-shirts
- ___ 2 blank white t-shirts (for tie-dyeing - optional)
- ___ 2 sweatshirts or long sleeved shirts
- ___ 1 warm jacket or fleece
- ___ 1 rain suit (coat, pants)
- ___ 2 pairs jeans/pants
- ___ 4 pairs of shorts
- ___ 7 pairs underwear
- ___ 7 pairs socks
- ___ 2 bathing suits
- ___ 2 pairs of pyjamas
- ___ 1 sun or baseball hat
- ___ 1 pair of running shoes
- ___ 1 pair water shoes (or TEVA type)
- ___ 1 pair sandals
- ___ 1 pair rain boots
- ___ Costume (related to your session theme)

BEDDING AND TOWELS

- ___ 1 pillow
- ___ 2 pillow cases
- ___ 1 fitted sheet (single)
- ___ 1 towel for shower
- ___ 1 towel for beach
- ___ 1 sleeping bag (or 2 if bedwetting a possibility)

PERSONAL ITEMS

- ___ 1 Government approved life jacket (PFD)
- ___ 1 Bike helmet (for use when biking)
- ___ 1 flashlight
- ___ Games (nothing electronic)
- ___ Reading material (books, comics)
- ___ Baseball glove (optional)
- ___ Stationery, pencils, pens, address list
- ___ Envelopes(pre-addressed and stamped)
- ___ Sunglasses
- ___ 1 Small knapsack
- ___ Camera (disposable best)
- ___ Any occasional medication (allergies, cramps, hayfever, earplugs for these with a history of ear infections.)

TOILETRIES

- ___ 1 bottle shampoo
- ___ 1 bottle conditioner
- ___ 1 bar of soap and soap container (or 1 liquid soap)
- ___ 1 toothbrush
- ___ 1 tube of toothpaste
- ___ 1 toiletry bag or bucket
- ___ 1 hair brush or comb
- ___ 1 deodorant
- ___ 1 pair nail clippers
- ___ 2 bottles sunscreen (30 SPF minimum)
- ___ 1 lipbaum with sunscreen (30 SPF minimum)
- ___ 1 bottle insect repellent (non-aerosol)
- ___ 1 AfterBite anti-itch stick
- ___ 1 box Kleenex
- ___ 1 box feminine hygiene product
- ___ 1 hand sanitizer (Purell)

WHAT NOT TO BRING TO CAMP

The following items are fire hazards, health hazards or nuisances at camp. Please do NOT send them.

- Electric fans
- Walkie-talkies
- Food (including drinks, snack bars or crackers)
- GUM
- Permanent markers or Glowsticks
- Cell phones, blackberries, iPhones
- Electronics (DVD/ TV, Laptop, tablets IPods)
- Weapons or anything that could be used as a weapon (plastic swords and guns, Swiss army knives)
- Incense, candles, mosquito coils, citronella candles, matches or lighters
- Parcels (no food or candy) must be sent by Courier, flat magazines, comics and letters by post